

# DarnGoodDads



## PARENT PROJECT

### THE PARENT PROJECT

The Parent Project® is a free, 6-week course Parents learn parenting skills and get information about resources and other support available in their communities. Parents/caregivers learn and practice skills such as: appropriate ways to discipline preventing or stopping alcohol, drug and tobacco use improving communication skills improving grades and school attendance.

## 24:7 DAD

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24:7 Dad® is a fatherhood program for any father, stepfather, grandfather, uncle, or father figure. In the group fathers learn that a 24:7 Dad is aware of his role as a father, takes care of himself, and works on fathering, parenting, and relationship skills.

## POW!

### POW - Power of WE

Kids need to know they are not alone. Whether you are a biological dad, stepdad, uncle, family friend kids need that positive male role model coaching them and cheering for them. POW groups meet at the school for breakfast periodically. Kids need to know that we care. They need to know the power of support. The Power of WE.

## CRASH!

### CRASH EVENTS

Crashes aren't usually well-planned and who knows what the outcome will be. CRASH EVENTS are much the same. A CRASH EVENT could be a watching a football game together, a movie marathon, a hike, building friendships that make us better role models for the kids in our lives. Some events will be just for men, other events we can bring the kids

Circle of Care  
Center for Families

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